


# FAITH CHAMPS NEWSLETTER

## LIFESTYLE



ACTS 1:8

 "But you will receive power when the Holy Spirit has come upon you, and you will be my witnesses in Jerusalem and in all Judea and Samaria, and to the end of the earth."

## MATTHEW 4:19

And Jesus said to them, "Follow me, and I will make you fishers of men." Matthew 4:19 is an invitation to discipleship in Christ. 'Follow me,' a command that can be interpreted as 'come, be my disciples,' appeals to our reasoning. The second part of the text, 'I will make you,' signifies Jesus offering us a new heart and a new mission. It's His recreation that transforms us into people who fish for Christ's Kingdom. And finally becoming a mature disciple is a process, leading us to become fishers of men. May the Lord guide us on this journey together.

SCAN HERE



Faith Champs

## LIFE GROUP EXPERIENCE

You can schedule a life group time on the website and make this experience intentional by following the 'Meeting Agenda.' Above all, remember what's most: pray, pray, and pray.



### HEAD

Questions designed to allow the Holy Spirit illuminate the Bible text for better understanding.



### HEART

Questions that allow the Holy Spirit to work in the heart.



### HAND

Questions that guide us to action through the Holy Spirit.

## PASTOR'S CORNER

The aim of this lesson is to offer resources to anyone wishing to start a life group. Feel free to utilize the provided Bible studies.

The lessons of the gospel of Mark- Season 1 are easy to use. Each one includes a section called 'Meeting Agenda.' Follow the steps outlined in this agenda each time you facilitate a Life Group.



PR. CLAUDIO DIAZ



**GOAL**  
Foster meaningful relationships. Invite your friends to join your life group.



**BE VULNERABLE**  
A group will not be more vulnerable than the facilitator. **Answer the questions using "I" statements.**

## Faith Champs | Priority #1

## MAKE THIS YOUR PRIORITY



Invest in someone this week. Share life with a new friend and make them feel valued.



Practice being empathetic with the person you're investing time in.



Ensure that you are spending time with the Holy Spirit.



Share what Jesus is doing in your life and invite your friends to join your life group."

# GOSPEL OF MARK

## JESUS IS THE GOSPEL

# MARK: 1:1

## MEETING AGENDA

- Welcome and Initial prayer
- Review the guidelines
  - Confidentiality
  - Listen
  - Pause
  - Silence
  - No "Cross Talking"
  - No Fixing
  - No Rescuing
  - Sharing
  - Use "I" Statements
  - Conflict Resolution
- Icebreaker
  - Share a moment in your life when a new beginning or start was significant for you.
- Preparing the hearts for the experience
  - The beginning of Jesus' ministry was marked by the fulfillment of time to preach a message of good news.
- Tell the story in your own words
- Read the text
  - Mark 1:1
- Recreate the story with the group
- Answer the questions using "I" Statements

## HEAD

- QUESTION 1
  - What does the term "gospel" imply in this context?
- QUESTION 2
  - How does Mark establish Jesus' identity in this opening verse?

## HAND

- QUESTION 5
  - How can you share the 'beginning' of the gospel with someone who hasn't heard it?
- QUESTION 6
  - In what practical ways can you demonstrate the principles of the gospel in your daily life?
- QUESTION 7
  - Think of a way to incorporate the message of this verse into an act of kindness or service this week

## HEART

- QUESTION 3
  - How does recognizing Jesus as the Son of God impacts your personal
- QUESTION 4
  - Reflect on the significance of 'beginnings.' What does the 'beginning of the gospel' mean to you in your spiritual journey?



**FAREWELL**  
Invite a group member to tell the story next week.



**FINAL PRAYER**  
Next week story:  
Mark 1:2-8

# GOSPEL OF MARK

## SEASON 1 - L2

### PREPARING THE WAY

# MARK: 1:2-8

## MEETING AGENDA

- Welcome and Initial prayer
- Review the guidelines
  - Confidentiality
  - Listen
  - Pause
  - Silence
  - No "Cross Talking"
  - No Fixing
  - No Rescuing
  - Sharing
  - Use "I" Statements
  - Conflict Resolution
- Icebreaker

Share a time when someone significantly influenced or prepared you for an important event or change in your life.
- Preparing the hearts for the experience

Reflect on how John the Baptist played a pivotal role in preparing the way for Jesus, as described in these verses from Mark.
- Tell the story in your own words
- Read the text  
Mark 1:2-8
- Recreate the story with the group
- Answer the questions using "I" Statements

## HEAD

- QUESTION 1  
What does Isaiah's prophecy and its fulfillment in John the Baptist tell us about God's plan?
- QUESTION 2  
How did John's role and message prepared Jesus' ministry?

## HAND

- QUESTION 5  
How can we, in our modern context, 'prepare the way' for the Lord in our communities and personal lives?
- QUESTION 6  
Reflecting on John's baptism of repentance, what personal changes or repentance might you need to address?
- QUESTION 7  
Consider a specific action you can take this week to embody the spirit of John's message in your own life.

## HEART

- QUESTION 3  
What feelings or thoughts do you experience when you consider the humility and dedication of John the Baptist?
- QUESTION 4  
How does the concept of 'preparing the way' resonate with your personal spiritual journey?



### FAREWELL

Invite a group member to tell the story next week.



### FINAL PRAYER

Next week story:  
Mark 1:9-11

# GOSPEL OF MARK

## SEASON 1 - L3

### PREPARING THE WAY

# MARK: 1:9-11

## MEETING AGENDA

- **Welcome and Initial prayer**
- **Review the guidelines**
  - Confidentiality
  - Listen
  - Pause
  - Silence
  - No "Cross Talking"
  - No Fixing
  - No Rescuing
  - Sharing
  - Use "I" Statements
  - Conflict Resolution
- **Icebreaker**

Share a moment of personal significance when you felt a strong sense of identity or purpose.
- **Preparing the hearts for the experience**

Reflect on the profound significance of Jesus' baptism as recorded in the Gospels, marking the beginning of His public ministry.
- **Tell the story in your own words**
- **Read the text**

Mark 1:9-11
- **Recreate the story with the group**
- **Answer the questions using "I" Statements**

## HEAD

- **QUESTION 1**

What is the significance of Jesus being baptized by John?
- **QUESTION 2**

How does the description of the heavens opening and the Spirit descending relate to Jesus' identity and mission?

## HAND

- **QUESTION 5**

In what ways can we acknowledge and honor Jesus' baptism and identity in our daily lives?
- **QUESTION 6**

Considering Jesus' baptism as the start of His ministry, how can we use our significant life moments to serve God's purpose?
- **QUESTION 7**

Plan a specific action this week that symbolizes a renewal or reaffirmation of your faith, inspired by Jesus' baptism.

## HEART

- **QUESTION 3**

How does God's affirmation of Jesus as His beloved Son resonate with your understanding of Jesus' role and purpose?
- **QUESTION 4**

Reflect on the feeling of divine pleasure and approval. How does this shape your understanding of God's love for His Son and for us?



### FAREWELL

Invite a group member to tell the story next week.



### FINAL PRAYER

Next week story:  
Mark 1:12-13

# GOSPEL OF MARK

## SEASON 1 - L4

### THE TEMPTATION

# MARK: 1:12-13

## MEETING AGENDA

- Welcome and Initial prayer
- Review the guidelines
  - Confidentiality
  - Listen
  - Pause
  - Silence
  - No "Cross Talking"
  - No Fixing
  - No Rescuing
  - Sharing
  - Use "I" Statements
  - Conflict Resolution
- Icebreaker
  - Share an experience where you faced a significant challenge or temptation and how you dealt with it.
- Preparing the hearts for the experience
  - Contemplate the significance of Jesus' time in the wilderness, enduring temptation, and the lessons it holds for us.
- Tell the story in your own words
- Read the text
  - Mark 1:12-13
- Recreate the story with the group
- Answer the questions using "I" Statements

## HEAD

- QUESTION 1
  - What is the significance of the Spirit leading Jesus into the wilderness?
- QUESTION 2
  - How does the presence of wild animals and ministering angels contribute to the understanding of this event?

## HAND

- QUESTION 5
  - Identify a personal temptation or challenge and consider a Christ-like approach to overcoming it.
- QUESTION 6
  - In light of Jesus' experience, think of a way to support others in their times of trial.
- QUESTION 7
  - Commit to a specific action this week that helps you or others resist temptation or grow in spiritual resilience, inspired by Jesus' example.

## HEART

- QUESTION 3
  - Reflect on the emotional and spiritual dimensions of Jesus' temptation. How does this relate to the temptations and challenges we face?
- QUESTION 4
  - Considering Jesus' steadfastness, how can his example inspire us in our own struggles?



**FAREWELL**  
Invite a group member to tell the story next week.



**FINAL PRAYER**  
Next week story:  
Mark 1:14-15

# GOSPEL OF MARK

## SEASON 1 - L5

### THE DATELINE

# MARK: 1:14-15

## MEETING AGENDA

- **Welcome and Initial prayer**
- **Review the guidelines**
  - Confidentiality
  - Listen
  - Pause
  - Silence
  - No "Cross Talking"
  - No Fixing
  - No Rescuing
  - Sharing
  - Use "I" Statements
  - Conflict Resolution
- **Icebreaker**

Share with your group your approach to managing deadlines and time-sensitive tasks.
- **Preparing the hearts for the experience**

Reflect on the beginning of Jesus' ministry in Galilee, focusing on the profound message He proclaimed.
- **Tell the story in your own words**
- **Read the text**

Mark 1:14-15
- **Recreate the story with the group**
- **Answer the questions using "I" Statements**

## HEAD

- **QUESTION 1**

What is the significance of Jesus starting His ministry in Galilee at this particular time?
- **QUESTION 2**

What does Jesus mean by saying, "The time is fulfilled, and the kingdom of God is at hand"?

## HAND

- **QUESTION 5**

In practical terms, how can you respond to Jesus' call to repent and believe in the gospel in your daily life?
- **QUESTION 6**

Consider one way you can share the message of Jesus' proclamation with someone this week.
- **QUESTION 7**

Identify an area in your life where a change of heart or action is needed to align more closely with the principles of Jesus' teaching.

## HEART

- **QUESTION 3**

How does the call to repentance and belief in the gospel resonate with you personally?
- **QUESTION 4**

Reflect on the concept of 'the kingdom of God is at hand.' How does this affect your spiritual perspective and daily life?



### FAREWELL

Invite a group member to tell the story next week.



### FINAL PRAYER

Next week story:  
Mark 1:16-20



# GOSPEL OF MARK

## SEASON 1 - L6

### FISH FOR PEOPLE

# MARK: 1:16-20

## MEETING AGENDA

- Welcome and Initial prayer
- Review the guidelines
  - Confidentiality
  - Listen
  - Pause
  - Silence
  - No "Cross Talking"
  - No Fixing
  - No Rescuing
  - Sharing
  - Use "I" Statements
  - Conflict Resolution
- Icebreaker
  - Share with your group a moment when you pursued an irresistible opportunity that transformed you or significantly changed your life.
- Preparing the hearts for the experience
  - Reflect on Jesus' calling of His first disciples and the immediate response of these fishermen to His call.
- Tell the story in your own words
- Read the text
  - Mark 1:16-20
- Recreate the story with the group
- Answer the questions using "I" Statements

## HEAD

- QUESTION 1
  - What does Jesus' invitation to "become fishers of men" signify about His ministry and their future roles?
- QUESTION 2
  - What can we learn from the disciples' immediate response to Jesus' call?

## HAND

- QUESTION 5
  - Identify an area in your life where you can respond more readily to Jesus' call.
- QUESTION 6
  - Consider a way you can 'fish for people' in your current environment or community.
- QUESTION 7
  - Commit to one specific action this week that demonstrates your willingness to follow Jesus' calling, drawing inspiration from the disciples' example.

## HEART

- QUESTION 3
  - How do you relate to the disciples' willingness to leave everything and follow Jesus?
- QUESTION 4
  - What emotions or challenges might we face when called to make a significant change for faith?



**FAREWELL**  
Invite a group member to tell the story next week.



**FINAL PRAYER**  
Next week story:  
Mark 1:21-28

# GOSPEL OF MARK

## SEASON 1 - L7

A NEW TEACHING WITH AUTHORITY!

# MARK: 1:21-28

## MEETING AGENDA

- Welcome and Initial prayer
- Review the guidelines
  - Confidentiality
  - Listen
  - Pause
  - Silence
  - No "Cross Talking"
  - No Fixing
  - No Rescuing
  - Sharing
  - Use "I" Statements
  - Conflict Resolution
- Icebreaker

Share with your group about a teacher who taught with authority and whose lessons you still remember today.
- Preparing the hearts for the experience

Consider the demonstration of Jesus' authority in the synagogue, as he teaches and casts out an unclean spirit, and what this reveals about his divine power and mission.
- Tell the story in your own words
- Read the text  
Mark 1:21-28
- Recreate the story with the group
- Answer the questions using "I" Statements

## HEAD

- QUESTION 1  
What does Jesus' act of freeing a man with an unclean spirit during Sabbath worship tell you about His authority and power?
- QUESTION 2  
How did the people react to Jesus' power over the unclean spirit?

## HAND

- QUESTION 5  
Identify a way in your life where you can apply Jesus' example of authority and compassion.
- QUESTION 6  
Consider how you can demonstrate faith in Jesus' authority in your daily interactions or decisions.
- QUESTION 7  
Plan a specific action this week to share or reflect on the powerful nature of Jesus' teachings and his authority over evil.

## HEART

- QUESTION 3  
What feelings or thoughts are stirred in you when considering Jesus' power and authority in this narrative?
- QUESTION 4  
How does Jesus' display of authority over evil forces affect your understanding of his role as the Messiah?



### FAREWELL

Invite a group member to tell the story next week.



### FINAL PRAYER

Next week story:  
Mark 1:29-34



# GOSPEL OF MARK

## SEASON 1 - L8

### CHAIN REACTION

# MARK: 1:29-34

## MEETING AGENDA

- Welcome and Initial prayer
- Review the guidelines
  - Confidentiality
  - Listen
  - Pause
  - Silence
  - No "Cross Talking"
  - No Fixing
  - No Rescuing
  - Sharing
  - Use "I" Statements
  - Conflict Resolution
- Icebreaker

Perhaps you have seen how quickly a fire can spread. Share an experience you have witnessed that surprised you because of a chain reaction.
- Preparing the hearts for the experience

Jesus went to Simon's house and healed his mother-in-law, and this act created an unstoppable chain reaction.
- Tell the story in your own words
- Read the text  
Mark 1:29-34
- Recreate the story with the group
- Answer the questions using "I" Statements

## HEAD

- QUESTION 1  
Which character in the story do you connect with the most?
- QUESTION 2  
If you were in Simon's mother-in-law's house, what would you have done after being healed?

## HAND

- QUESTION 5  
In what area of your life does the Holy Spirit need to help you stand up?
- QUESTION 6  
The crowd brought the sick and demon-possessed to Jesus because only He could solve their ailments. Simon's mother-in-law's healing triggered a chain reaction of healing miracles. What people in your environment, friends, family, or acquaintances should you introduce to Jesus so he can tend their ailments?

## HEART

- QUESTION 3  
Share a time when you experienced or witnessed a healing miracle in your own life or in the life of others?
- QUESTION 4  
What does it provoke in people to hear that God is still acting powerfully today?



**FAREWELL**  
Invite a group member to tell the story next week.



**FINAL PRAYER**  
Next week story:  
Mark 1:35-37